



The Bend

“The Bend”...

This is the end of the exercises, but the beginning of your solo journey and the moments when you start expressing yourself on the guitar in your own style...

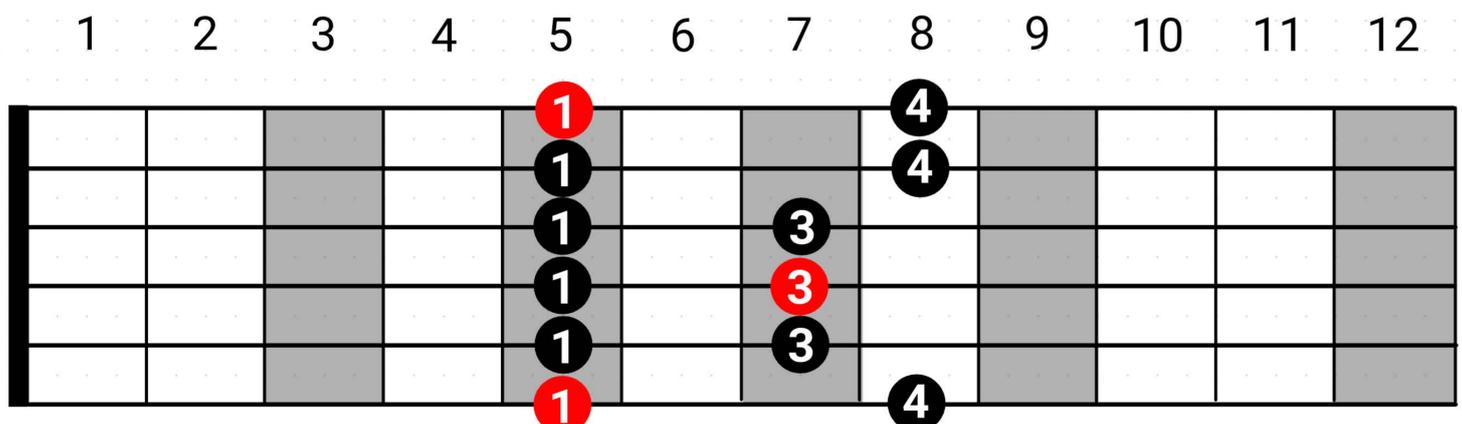
Bend technique on the guitar is directly related to the meaning of the English word “bend,” which is based on the principle of bending the string. After fretting a note, the string is pushed upward or downward on the fretboard with the finger, increasing the tension and raising the pitch. In other words, a bend produces a new pitch not by changing frets, but by physically altering the pitch on the same string. This gives the note a lively and expressive character as it rises toward the target pitch after being played.

Bend technique significantly enhances the expressive power of the guitar. Especially in blues and rock music, it creates an expression similar to the human voice, giving the impression that the note is crying or speaking. From a musical perspective, executing a correct bend requires not only finger strength but also a good ear and precise control. For this reason, bending is considered one of the most important expressive techniques that conveys emotion, tension, and dramatic impact in music, while also reflecting a guitarist’s technical level.

In the exercises below, you will find licks that use all the techniques we have covered so far, based on the A minor pentatonic scale. You can also apply these licks to other pentatonic scales.

Always practice at a slow tempo and focus on producing a clean sound.

A Minor Pentatonic Scale



Exercises

TAB **2** **8** full 7 5 | **4** **8** full 7 5 | full 7 5 | full 7 5 | full 7 5

TAB **2** **8** full 8 5 | **4** **8** full 7 5 | full 8 5 | full 7 5 | full 8 5

TAB full 8 5 | full 8 5 | **8** full 7 5 | full 8 5 | full 8 5 | full 7 5 | full 8 5 | full 7 5 | full 7 5

TAB full 8 5 | full 8 5 | full 8 5 | full 8 5 | full 7 5 | full 8 5 | full 7 5 | full 7 5 | full 8 5 | full 8 5 | full 8 5 | full 7 5

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5 5 5 8 5 5 8

3 3 3 3

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TAB 8/8

5 5 5 8 5 5 8 5

5 5 5 8 5 5 7 5 5 8

3 3 3 3 3 3 3 3

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TAB 4/8

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5 5 5 8 5 5

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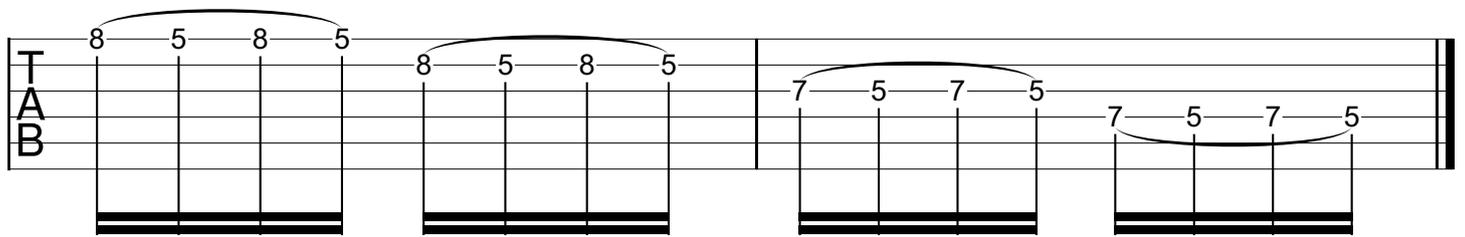
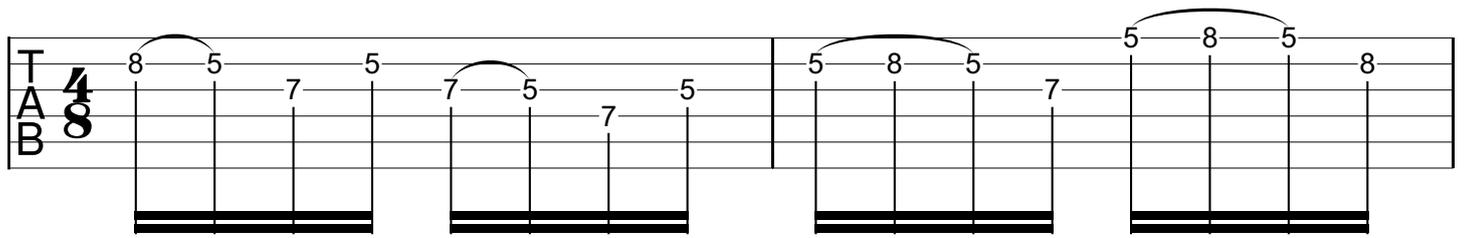
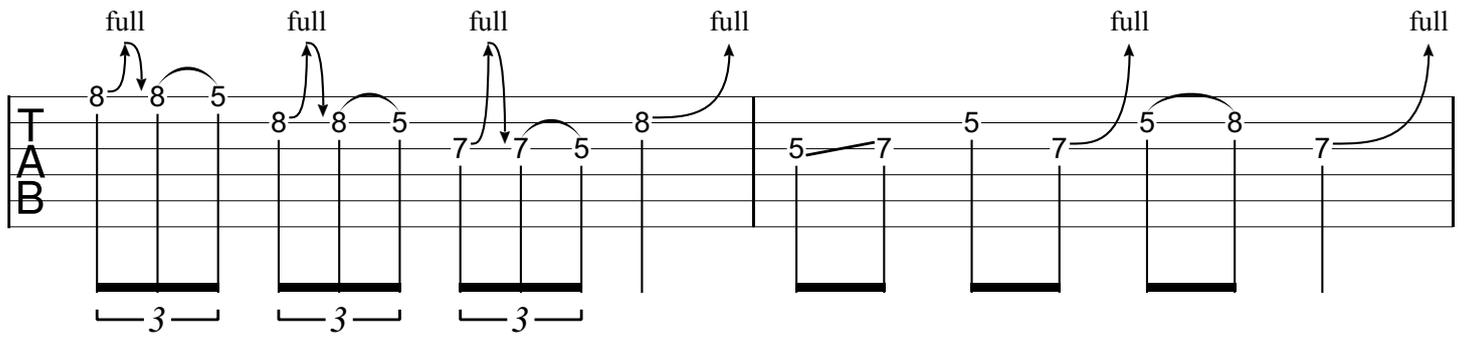
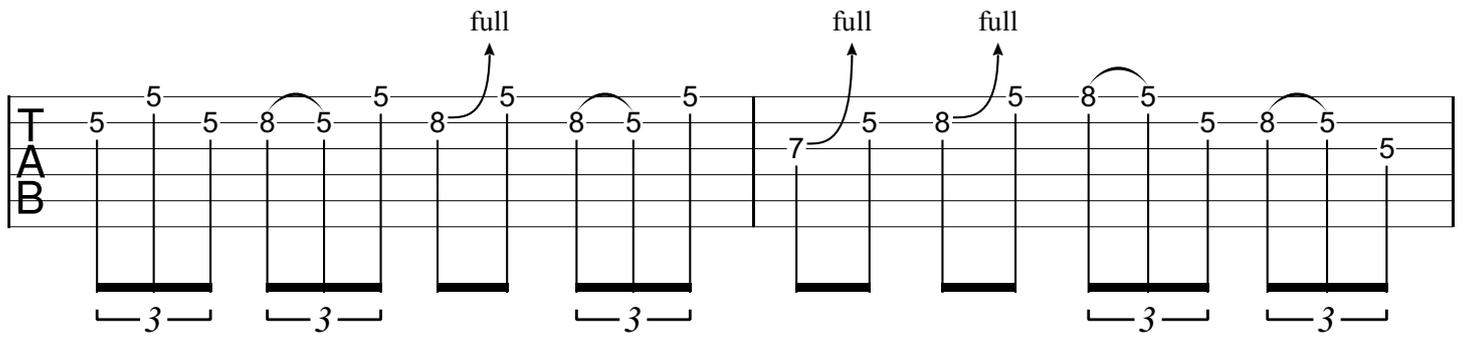
TAB 8/8

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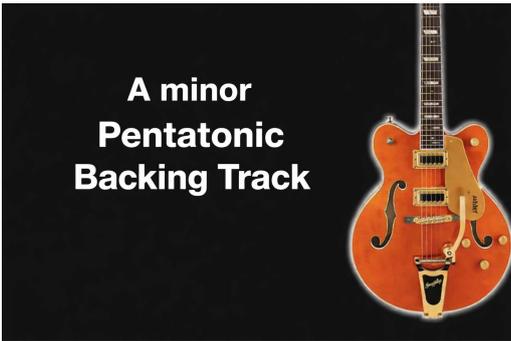
5 5 5 8 5 5 7 5 5 8 5 5

3 3 3 3 3 3 3 3

full



By practicing with this backing track, you can make the exercises above more enjoyable:



Click on the image