

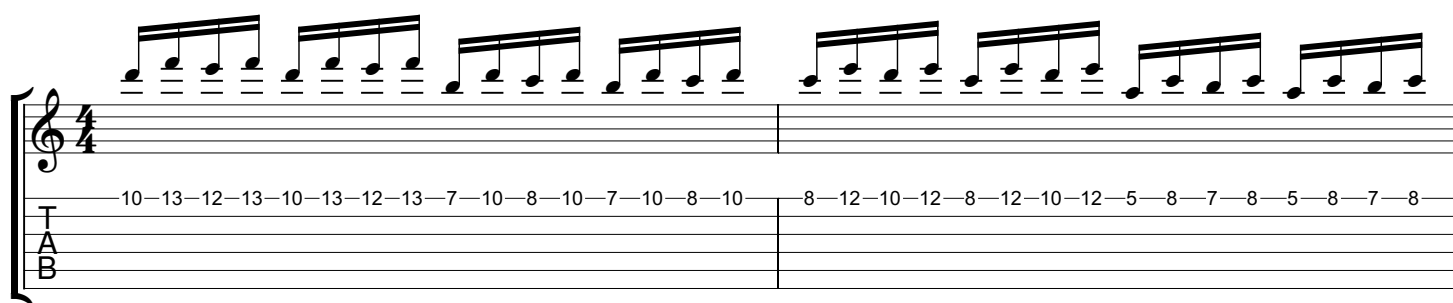


 [Youtube Link](#)
(Picado with i-m)

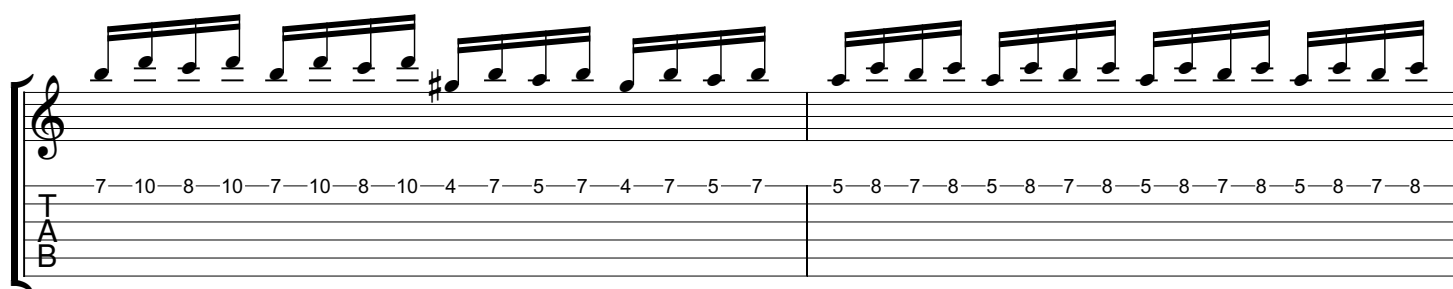
 [Youtube Link](#)
(Using a pick)

Left Hand Exercise for Fluidity

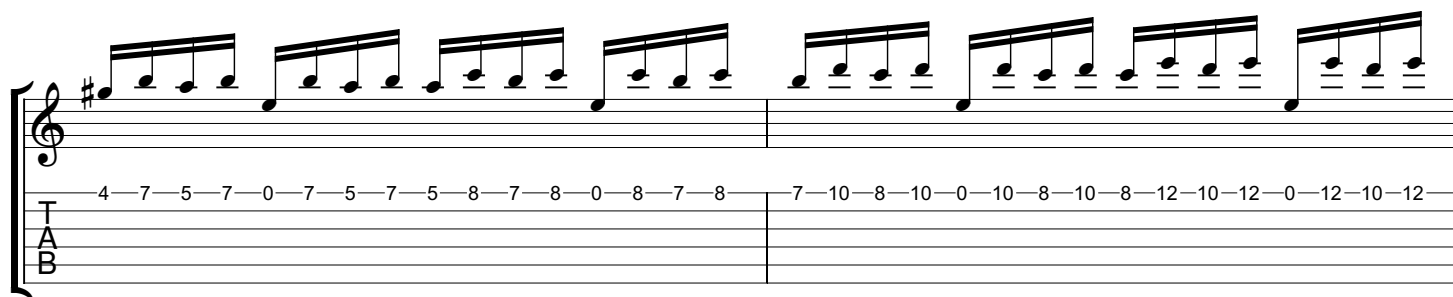
Designed by Troy Stetina



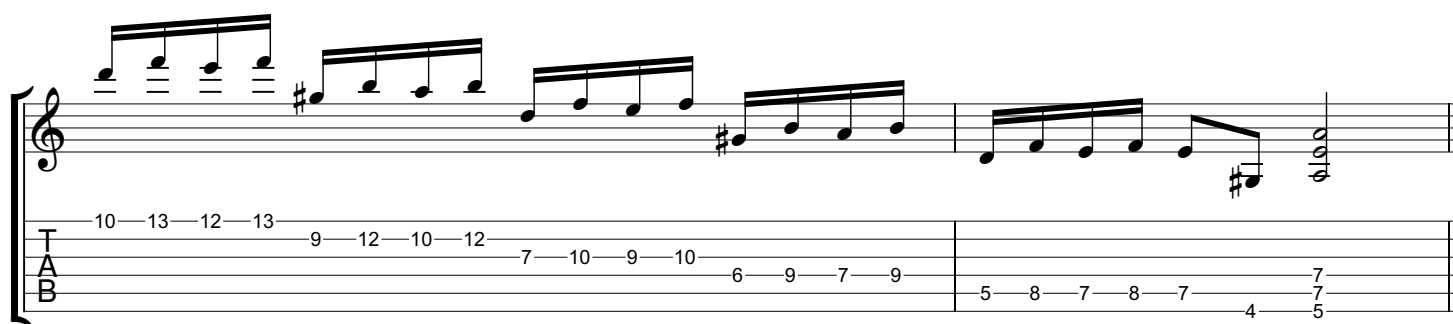
10-13-12-13-10-13-12-13-7-10-8-10-7-10-8-10-8-12-10-12-8-12-10-12-5-8-7-8-5-8-7-8



7-10-8-10-7-10-8-10-4-7-5-7-4-7-5-7-5-8-7-8-5-8-7-8-5-8-7-8-5-8-7-8-5-8-7-8



4-7-5-7-0-7-5-7-5-8-7-8-0-8-7-8-7-10-8-10-0-10-8-10-8-12-10-12-0-12-10-12



10-13-12-13-9-12-10-12-7-10-9-10-6-9-7-9-5-8-7-8-7-4-7-5